

# October Lunch Menu

## Back To Basics Childcare

MON	TUES	WED	THU	FRI
3 Shepard's Pie Milk	4 Roast Turkey Rice Green Beans Corn Milk	5 Turkey Sandwiches Peas Potatoes Milk	6 Turkey Noodle Soup Broccoli Carrots	7 Baked Beans Green Beans Corn Milk
10 French Toast Fruit Milk	11 Grilled Cheese Peas Potatoes Milk	12 Chicken Nuggets Broccoli Carrots Milk	13 Oodles of Noodles Green Beans Corn Milk	14 Pizza Peas Potatoes Milk
17 Ravioli with Sauce Broccoli Milk	18 Roast Chicken Green Beans Corn Milk	19 Scrambled Hamburger Peas Potatoes Milk	20 Macaroni Cheese And Tomato Broccoli Milk	21 Ham & Cheese Sandwiches Potatoes Carrots Milk
24 Spaghetti & Meat Sauce Green Beans Milk	25 Fish Sticks Peas Potatoes Milk	26 Roast Rice Broccoli Carrots Milk	27 Hot Dogs Green Beans Corn Milk	28 Meatballs Peas Potatoes Milk
31 Shepard's Pie Milk				